

Need a
Private Chef,
Caterer or
recommendation on
where to stay?

Whether you're
offering a morning
parfait bar, simple
lunch snacks or
charcuterie, we
work with local
restaurants, private
chefs, Hotels,
AirBnB's, Farms &
local suppliers to
source everything
you need!

Convenient Creative Wellness Workshops at your Doorstep!

*Are you looking for the perfect
get together that comes to your
location with all the supplies
included? These convenient
wellness & creative workshops
provide the connection you're
looking to experience with
friends, family, guests,
and/or co-workers!*

Connect Today!

SO Creative, LLC
Yoga on the Go +
630.207.4627
ntelder2014@gmail.com
www.SOCreative.Club

SO Creative, LLC

YOGA ON THE GO +



Convenient Creative Wellness Workshops & Experiences

Restorative Yoga

Plush blankets, yoga mats, bolsters, yoga blocks, and eye pillows all included for one time use.

Intention Journal + Yoga Nidra

Guests tune into their inner desires, setting and writing in their new intention journal followed by Yoga Nidra - a guided, multi-stage relaxation-meditation practice that takes the practitioner to that sweet spot between wakefulness and sleep.

DIY Floral Bar

All the lush blooms, fillers, textured greenery to create the most amazing take home floral bouquets

DIY Candle Making

Create one sweet smelling 4 oz. wax candles to take home.

Yoga & Dry Brushing

A morning or evening gentle yoga session followed by learning the benefits and "how to" *dry brush your skin.

*All guests will receive a dry brush and small container with organic sesame body oil to take home

Prices vary based on number of guests. Contact SO Creative today!
630.207.4627

